



**Burke Spencer**

**BURKE SPENCER , USA, Inc.**

## **Gold Medal Speed Bands**

\$69.95



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# **GOLD MEDAL SPEED BANDS IS THE #1 SPEED TRAINING SYSTEM IN THE WORLD!**

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## **YOU'LL *RUN FASTER* IMMEDIATELY BECAUSE:**

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**SPEED BANDS WILL HELP YOU CYCLE YOUR LEGS FASTER**

**GIVE YOU A SLIGHT "FORWARD LEAN"**

**BUILD STRENGTH AS YOU TRAIN**

**INCREASE YOUR GROUND FORCE EXPLOSION**

**DRAMATICALLY IMPROVE YOUR FIRST STEP**

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**• YOU CAN ACTUALLY WEAR IT WHILE YOU DO  
*SPORT SPECIFIC TRAINING!***

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**STEP BY STEP DVD AND DAILY PRACTICE GUIDE INCLUDED THAT WILL HAVE YOU**

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**• RUNNING FASTER IN 6 SHORT WEEKS!**

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**GUARANTEED**

# **OR YOUR MONEY WILL BE GRACIOUSLY REFUNDED!**

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The "Speed Bands" are being used through the world by Universities, Schools, and Professional Teams of all sports!

They know that the #1 way to win is to

**get faster!**

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**How Does It work?**

*You will be able to run faster the minute you put it on! The "speed Bands" will help you to cycle your legs faster, apply more ground force, return your leg to the "high Block Position" quicker, all the while adding 10lbs of smooth, unrestricted resistance to every step you take!*



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***While you're developing your speed  
you're getting stronger!***





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***Â The Speed Bands DVD takes you through all the different exercises that will have you running faster in days!!! Just put it on, do the DVD Workout and you'll feel the difference instantaneously!***

[Vendor Information](#)

**Customer Reviews:** There are yet no reviews for this product.  
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